



University of California
San Francisco

Late Cancer-Related Health Effects in the General
Population:

Leukemia and Breast Cancer

*November 1st, 2016 Gilbert W. Beebe Symposium
on 30 Years After the Chernobyl Accident*

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Outline

- Why an interest in leukemia and breast cancer after the 1986 Chernobyl accident?
- General population studies of breast cancer risks
- General population studies of leukemia risks among those exposed *in utero*, children and adults
- Thoughts on CLL radiogenicity
- Remaining knowledge gaps on radiation risks of leukemia
- Future directions

Why an interest in leukemia and breast cancer after the 1986 Chernobyl accident?

*Study of survivors of atomic bombings in Hiroshima and Nagasaki
Life Span Study (LSS) N=86,572*

- **20 years after the bombings:** The only significant consequences were increases in cataracts, leukemia and thyroid cancer
- **30 years:** A significant increase in solid cancers
- **50 years¹:**
 - An unexpected increase was found in non-cancer diseases.
 - Solid cancers observed over 50 years: 10,127; due to radiation: **479 (4.7%)**
 - Leukemia observed over 50 years: 296; due to radiation: **93 (31.4%)**
- **65 years:** Leukemia and breast cancer form only a small fraction of the accepted total radiation-related health detriment

¹Preston et al. 2004

Groups affected by the Chernobyl accident

Table D9. Number of people in the Chernobyl registries

<i>Registration category</i>	<i>Belarus (2005)</i>	<i>Russian Federation (2006)</i>	<i>Ukraine (2006)</i>
Group 1: Emergency and recovery operation workers	72 362 ^a	186 395	229 884
Group 2: Evacuees from the exclusion zone	5 951	9 944 ^b	49 887
Group 3: Residents of the contaminated regions	1 513 826	367 850	1 554 269
Group 4: Children born to parents of above three groups	17 914 ^c	35 552 ^d	428 045
Total	1 610 053	599 741	2 262 085

^a As of 2005 in contrast to table B1 where the data for Belarus are presented as of 1996.

^b For Russia, the number of both evacuees from 1986 and some migrants from later years is presented.

^c Children born to parents included in groups 1–3.

^d Children born to recovery operation workers only.

Group 1: Total Emergency (600) and clean-up workers (530,000)

Group 2: Total Persons evacuated from contaminated areas in 1986 (116,000)

Group 3: Total Persons who continue to live in contaminated areas (6,400,000)

Predicted Number of Cases and Deaths From Breast Cancer In Europe Up To 2065

Country group	Average whole-body dose (mSv) 1986–2005	Population (in millions) in 1986	Leukemia				Breast cancer			
			From radiation	95% UI	From other causes	AF to 2065	From radiation	95% UI	From other causes	AF to 2065
Incidence										
1	0.1	274.8	200	50–900	2,800,000	0.01%	350	100–1,000	14,600,000	0.00%
2	0.3	158.5	500	100–2,000	1,600,000	0.03%	800	300–2,400	7,200,000	0.01%
3	0.7	73.1	400	150–1,300	600,000	0.07%	800	350–1,900	2,600,000	0.03%
4	1.8	54.6	800	250–2,100	400,000	0.20%	1,500	700–3,000	1,500,000	0.10%
5	6.1	11.2	500	150–1,400	75,000	0.66%	1,000	500–2,000	200,000	0.50%
Total	0.5	572.2	2,400	700–7,700	5,475,000	0.04%	4,450	1,900–10,400	26,100,000	0.02%
Mortality										
1	0.1	274.8	150	30–700	2,100,000	0.01%	100	50–350	4,900,000	0.00%
2	0.3	158.5	300	80–1,400	1,170,000	0.03%	300	100–800	2,500,000	0.01%
3	0.7	73.1	300	100–900	400,000	0.07%	300	100–700	900,000	0.03%
4	1.8	54.6	550	200–1,500	275,000	0.20%	800	400–1,600	700,000	0.11%
5	6.1	11.2	350	100–1,000	50,000	0.70%	600	300–1,300	130,000	0.46%
Total	0.5	572.2	1,650	500–5,400	3,995,000	0.04%	2,100	900–4,900	9,130,000	0.02%

Group 4 (1–2 mSv): Belarus (Brest region), Finland, Russian Federation (Orel and Kaluga regions), Ukraine (city of Kiev, Chernigov region, rest of country).
 Group 5 (≥ 3 mSv): Belarus (Gomel and Mogilev regions), Russian Federation (Bryansk and Tula regions), Ukraine (Kiev, Rivno and Zhytomir regions).

About **1,000 extra breast cancer cases** over life among 11.2 million people

Breast cancer following exposure from Chernobyl

I. Ecological Studies

Reference	Country	Results
Prysyazhnyuk (2002)	Ukraine	Significantly increased incidence compared to the general population
Prysyazhnyuk (2014)	Ukraine	No increase in incidence compared to the general population
Ostapenko (1998)	Belarus	Increase in risk over time
Dardynskaia (2006)	Belarus	No increase in Gomel (high contamination) compared to Vitebsk (low contamination)
Pukkala (2006)	Ukraine, Belarus	Increase in risk, significant during the period 1999-2001

TABLE 2 – RELATIVE RISK (RR) OF BREAST CANCER IN UKRAINE, BY ANNUAL ESTIMATED DISTRICT-SPECIFIC CUMULATIVE DOSE (LAGGED BY 5 YEARS) AND CALENDAR PERIOD

Period	Dose category (mSv)	Number of cases	RR	95% CI	<i>p</i> -value
1986–1991	<5.0	6,151	1	–	
	5.0–19.9	8	0.94	0.46–1.94	0.87
1992–1996	<5.0	5,643	1	–	
	5.0–19.9	126	1.17	0.94–1.46	0.15
	20.0–39.9	36	1.58	1.08–2.33	0.02
1997–2001	<5.0	5,995	1	–	
	5.0–19.9	122	1.32	1.05–1.65	0.02
	20.0–39.9	7	0.75	0.35–1.63	0.47
	40.0+	22	1.78	1.08–2.93	0.02

TABLE 1 – RELATIVE RISK (RR) OF BREAST CANCER IN BELARUS, BY ANNUAL ESTIMATED DISTRICT-SPECIFIC CUMULATIVE DOSE (LAGGED BY 5 YEARS), AGE AT EXPOSURE AND CALENDAR PERIOD

Period	Dose (mSv)	All women				Women aged less than 45 at the time of the accident			
		Number of cases	RR	95% CI	<i>p</i> -value	Number of cases	RR	95% CI	<i>p</i> -value
1986–1991	<5.0	3,255	1	–		759	1	–	
	5.0–19.9	36	0.86	0.61–1.22	0.40	10	1.06	0.54–2.07	0.87
	20.0–39.9	5	1.89	0.75–4.75	0.17	1	2.18	0.28–17.2	0.46
1992–1996	<5.0	2,774	1	–		1,104	1	–	
	5.0–19.9	532	1.08	0.97–1.20	0.17	171	0.95	0.77–1.16	0.59
	20.0–39.9	120	1.00	0.81–1.23	0.9	35	0.84	0.56–1.27	0.41
1997–2001	<5.0	2,616	1	–		1,226	1	–	
	5.0–19.9	901	1.14	1.04–1.25	0.005	445	1.16	1.00–1.36	0.05
	20.0–39.9	181	1.17	0.98–1.40	0.08	67	1.01	0.72–1.41	0.96
	40.0+	34	2.24	1.51–3.32	<0.0001	17	3.33	1.71–6.50	0.0004

Breast cancer following exposure from Chernobyl

II. Analytical Studies

Reference	Country	Results
Hatch (2014)	Ukraine	No increase in incidence compared to the general population (n=5 among N=13,203 over 1998-2009)
Ostroumova (2016)	Belarus	No increase in incidence compared to the general population (n=5 among N=11,970 over 1997-2011)

Breast cancer following exposure from Chernobyl

Conclusions:

- No consistent increase
- No individual radiation doses in ecological studies
- Only thyroid doses in descriptive studies; possible screening bias
- Limited statistical power due to small number of cases

Why leukemia?

- Radiosensitivity and carcinogenicity of the immature cells of bone marrow (Law of Bergonie and Tribondeau)¹
- The highest risk per unit of radiation dose among all radiation-induced cancers²
- The shortest latency period (2-5 years)^{2,3}
- Those exposed at younger ages have higher risk^{2,3}

¹ Bergonie J. and Tribondeau L. Comptes-Rendus des Séances de l'Académie des Sciences 143 (1906).

² UNSCEAR 2000 Report. Vol. II: Effects.

³ Committee to Assess Health Risks from Exposure to Low Levels of Ionizing Radiation (BEIR VII -phase II), National Research Council, 2005.

General population studies

- *Studies of those exposed in utero*
- *Studies of those exposed as children*
- *Studies of those exposed as adults*

30 years after the Chernobyl accident

What do we know about the long-term health risks?

■ Risk projection studies:

- Cardis et al., 1996. From a presentation to the WHO Expert Group “Health” for the UN Chernobyl Forum, 2011.
 - Predictions of deaths from leukemia

Population	Period	Background number of deaths		Predicted lifetime excess		
		Number	%	Number	%	AF
Group 1: Liquidators, 1986-7	Lifetime	800	0.4 %	200	0.1 %	20 %
Group 2: 1986 Evacuees	Lifetime	500	0.3 %	10	0.01 %	2 %
Group 3:						
Residents of SCZ's	Lifetime	1 000	0.3 %	100	0.04 %	9 %
Residents of other contaminated areas	Lifetime	24 000	0.3 %	370	0.01 %	1.5 %

About **700 extra leukemia deaths** over life among 5.6 million people

- about 200 among the 600 000 cleanup workers

- about **500 in the general population** (~400 among most heavily exposed)

30 years after the Chernobyl accident

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- UNSCEAR 2000 Report, Vol. II, Annex J:
 - estimated that about **9 to 10,000 deaths from leukemia and solid cancers** might be expected over life in the most exposed populations in Ukraine, the Russian Federation and Belarus.

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- UNSCEAR 2000 Report, Vol. II, Annex J:
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- Cardis et al. 2006

Predicted Number of Cases and Deaths From Leukemia In Europe Up To 2065

Country group	Average whole-body dose (mSv) 1986–2005	Population (in millions) in 1986	Leukemia				Breast cancer			
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About **500 extra leukemia cases** over life among 11.2 million people

Leukemia following exposure from Chernobyl *in utero*

I. Ecological Studies

Reference	Country	Results
Petridou (1996)	Greece	Increased risk
Steiner (1998)	Germany	No increase in risk
Ivanov E. (1998)	Belarus	No increase in risk
Noshchenko (2001)	Ukraine	No increase in risk
Parkin (1996)	Europe	No increase in risk
Busby (2009)	Europe	Significantly increased risk?

- External gamma radiation due to ground deposition of radionuclides and internal radiation from radionuclides incorporated by the mother.
- Chernobyl contamination highest in Greece and Austria outside the FSU.

Leukemia following exposure from Chernobyl *in utero*

I. Ecological Studies

Conclusions:

- No consistent increase
- No individual radiation doses
- Limited statistical power due to small number of cases
- Questionable methodological approaches in some studies

Leukemia following exposure from Chernobyl *in childhood*

I. Ecological Studies

Reference	Country	Results
Parkin (1993, 1996)	Europe	No increase in risk
Ivanov E. (1993, 1996)	Belarus	No increase in risk
Gapanovich (2001)	Belarus	No increase in risk
Ivanov V. (2002, 2003)	Russia	No increase in risk

Leukemia following exposure from Chernobyl in *childhood*

II. Analytical Studies

Reference	Country	Results
Noshchenko (2002), children 0-20 yrs	Ukraine	Mean dose=4.5 mSv. Increased risks only for ALL diagnosed 1993-1997 in males with doses>10 mSv
Davis (2006), <i>in utero and</i> children <6 years	Belarus, Russia, Ukraine	Median BMD<10 mGy. ERR/Gy=32.4 (8.78–84.0), significant only in Ukraine . Potential sampling bias.
Noshchenko (2010), children 0-5 years	Ukraine	Significantly increased risks, ERR/Sv=22.0 (9.9, 50.0)
Hatch (2014), children 0-18 years	Ukraine	A non-significant increasing trend of leukemia compared to the general population (based on 6 cases in Ukraine and 5 in Belarus)
Ostroumova (2016), children 0-18 years	Belarus	

Leukemia following exposure from Chernobyl *ii*

Conclusion Taken at face value, these findings suggest that prolonged exposure to very low radiation doses may increase leukaemia risk as much as or even more than acute exposure. However the large and statistically significant dose-response might be accounted for, at least in part, by an overestimate of risk in Ukraine. Therefore, we conclude this study provides no convincing evidence of an increased risk of childhood leukaemia as a result of exposure to Chernobyl radiation, since it is unclear whether the results are due to a true radiation-related excess, a sampling-derived bias in Ukraine, or some combination thereof. However, the lack of significant dose-responses in Belarus and Russia also cannot convincingly rule out the possibility of an increase in leukaemia risk at low dose levels.

II. Analytical Studies

Estimated total dose (mGy)	Belarus		Russia		Ukraine		Ukraine	
	Odds Ratio ^a	95% CI	Odds Ratio ^a	95% CI	Ratio ^c	95% CI	Ratio ^c	95% CI
<1.0	1.00	–	1.00	–	1.00	–	1.00	–
1.0–4.999	1.28	(0.60–2.70)	1.00	(0.28–3.50)	1.49	(0.92–2.43)	1.46	(0.998–2.12)
≥5.0	1.58	(0.74–3.36)	6.00	(0.45–79.75)	3.50	(1.995–6.15)	2.60	(1.70–3.96)
Loglinear regression coefficient per mGy ^b (95% CI)	0.0024 (–0.0082–0.0131)		–0.0027 (–0.0315–0.0261)		0.0123 (0.0030–0.0215)		0.0081 (0.0023–0.0139)	
One-tailed P-value	P = 0.33		P = 0.57		P = 0.005		P = 0.0030	
Estimated ERR/Gy ^c (95% CI)	4.09 (NE–37.7)		–4.94 (NE)		78.8 (22.1–213)		32.4 (8.78–84.0)	

^a Adjusted for matching.

^b Regression coefficient (β_{log}) in loglinear model for odds ratio of disease as function of dose, estimated with adjustment for matching.

^c ERR/Gy = excess relative risk per Gy ($\beta_{lin}/1000$), estimated for linear model for odds ratio of disease as function of dose, estimated with adjustment for matching. 95% CI is based on profile likelihood. NE = not estimable.

Ukraine had positive sign association largely due to the 2 raions in Zhytomyr
Davis et al. 2006

Leukemia following exposure from Chernobyl *in adults* residing in contaminated areas

I. Ecological Studies

Reference	Country	Results
Bebeshko (1997)	Ukraine	Increase in risk over time not related to level of contamination
Ivanov V. (1997)	Russia	No increase in risk
Prisyazhniuk (1991, 1995)	Ukraine	No increase in risk
Auvinen (2014)	Finland, 3.8 mln	No increase in risk comparing to 1986-1987 committed dose <0.1 mSv

Leukemia following exposure from Chernobyl *in adults* residing in contaminated areas

Conclusions:

- Increases in incidence reported, but not related to contamination levels
- Methodological limitations
- No individual radiation doses
- Limited statistical power due to small number of cases

Limitations of ecological studies

- Quality of the registry data changes over time
 - Eg., percentage of leukemia cases of 'unspecified' type, of cases diagnosed from bone marrow or peripheral blood, of cases registered from death certificates only
- Geographical differences in cancer registration
- Problems with denominators (population data)
- 'Screening bias' in detecting cases in high-dose areas
- Heterogeneity of accident-related radiation doses
- Not possible to adjust the radiation-leukemia association for confounders and effect modifiers

Empirical studies of leukemia

- Advantages: No need for extrapolation
- Disadvantages:
 - Lack of statistical power
 - Individual doses not available
 - Ecological doses in ecological designs with the results applicable only to groups and not to individuals
 - Screening bias (overestimate of the measure of effect)

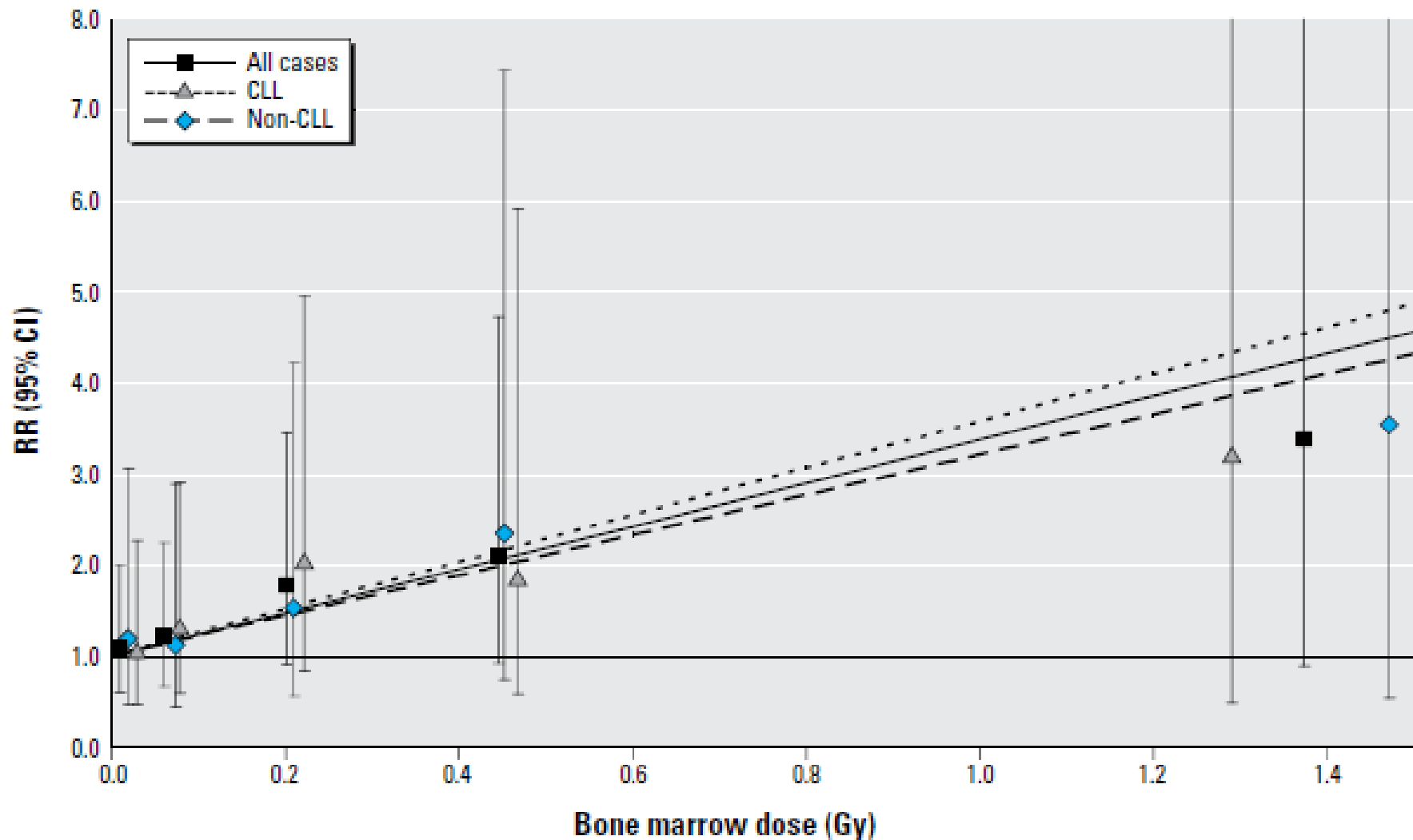


Figure 1. RRs (95% CIs) of leukemia by categories of radiation dose and fitted linear dose–response models. For display purposes, we added offsets to category mean doses on the abscissa coordinate to separate the overlapping estimates (10 mGy for non-CLL and 20 mGy for CLL analyses, respectively).

Comparisons with other studies

Incidence studies

*significant at $p < 0.05$

Study cohort	Follow-Up	Cohort	ERR/Gy (95% CI)	
			CLL	NHL
Chernobyl cleanup workers from Ukraine (Zablotska et al. 2013)			n=65	-
	1986-2006	110,645	2.58 (0.02, 8.43)*	-
Chernobyl cleanup workers from Belarus, Russia and Baltic countries (Kesminiene et al. 2008)			n=21	n=20
	1993-2000	~146,000	4.7 (<0, 76.1)	28.1 (0.9, 243)*
A-bomb survivors study (Hsu et al. 2013)			n=12	n=402
	1950-2001	113,011	6 (0.3, 31)*	0.46 (-0.08, 1.29)
U.K. radiation workers (Muirhead et al. 2009)			n=128	n=305
	1955-2001	174,541	-0.12 (-1.42, 2.71)	1.28 (-0.38, 4.06)
Techa River cohort (Davis et al. 2015)			n=27	-
	1953-2007	28,223	0.10 (<0, 1.20)	-
Wismut uranium workers (Mohner et al. 2010)			n=159	-
	1953-1990	360,000	1.95 (-0.86, 4.99)	-

Survival after CLL diagnosis

5-year survival rate

- US in 2004:
 - < 65 years old: 83%
 - 65 years and older: 68%
- Chernobyl cleanup workers in 2010:
 - 48%
 - 39%

CLL characteristics

USA, Europe and Australia

Chernobyl cleanup workers

Proportion of all leukemia incident diagnoses:

- 40%

- 56%

Age of diagnosis:

- Median: 70 years
- <65 years ~25%
- 50 years ~6%

- 57 years

- 84%

- 22%

- Study enrolled only males who were <60 years during Chernobyl cleanup work

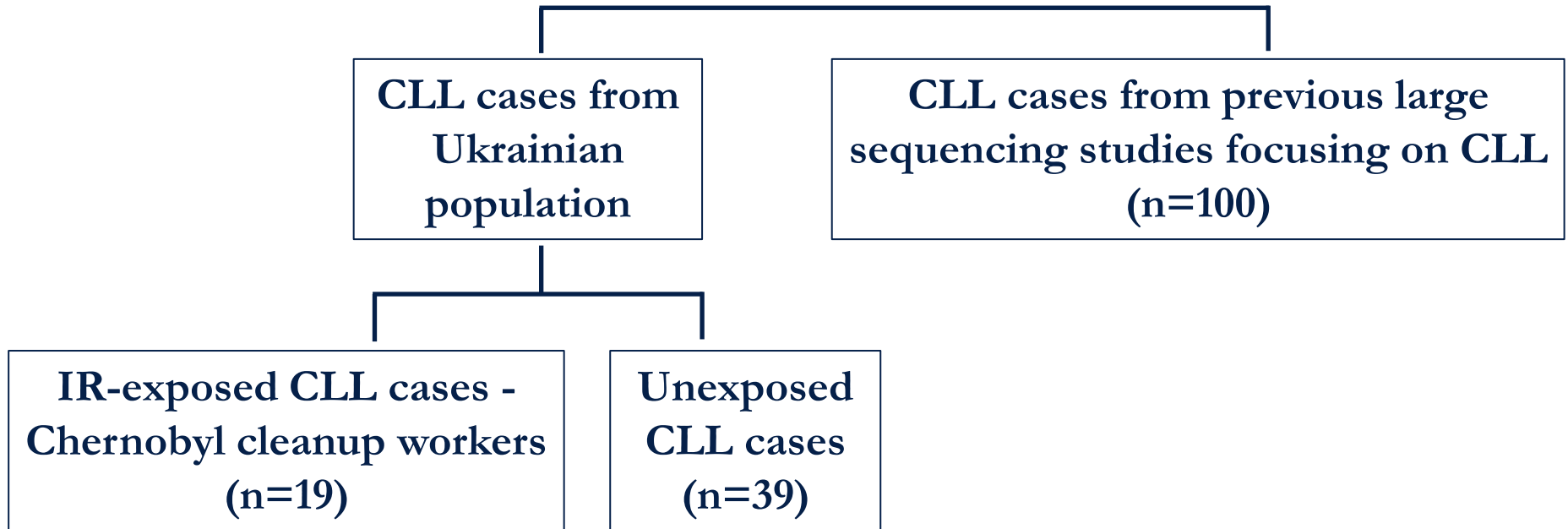
Chemotherapy

- ~50% with a community referral base

- 86%

Genetic Study Design

B-cell CLL



matched on age; males only

Approach

Somatic mutations

Targeted deep sequencing in 530 genes found predominantly mutated in various cancers (UCSF500 panel)

Copy number alterations

By aligning off- target reads from targeted sequencing hg19 reference genome - CNVkit software, GISTIC & CopywriteR

Pathways analysis with recurrently mutated genes

Predominant pathways perturbed by acquired somatic lesions – Go gene analysis

Mutation signature Analysis

Non-native matrix factorization method (NMF)

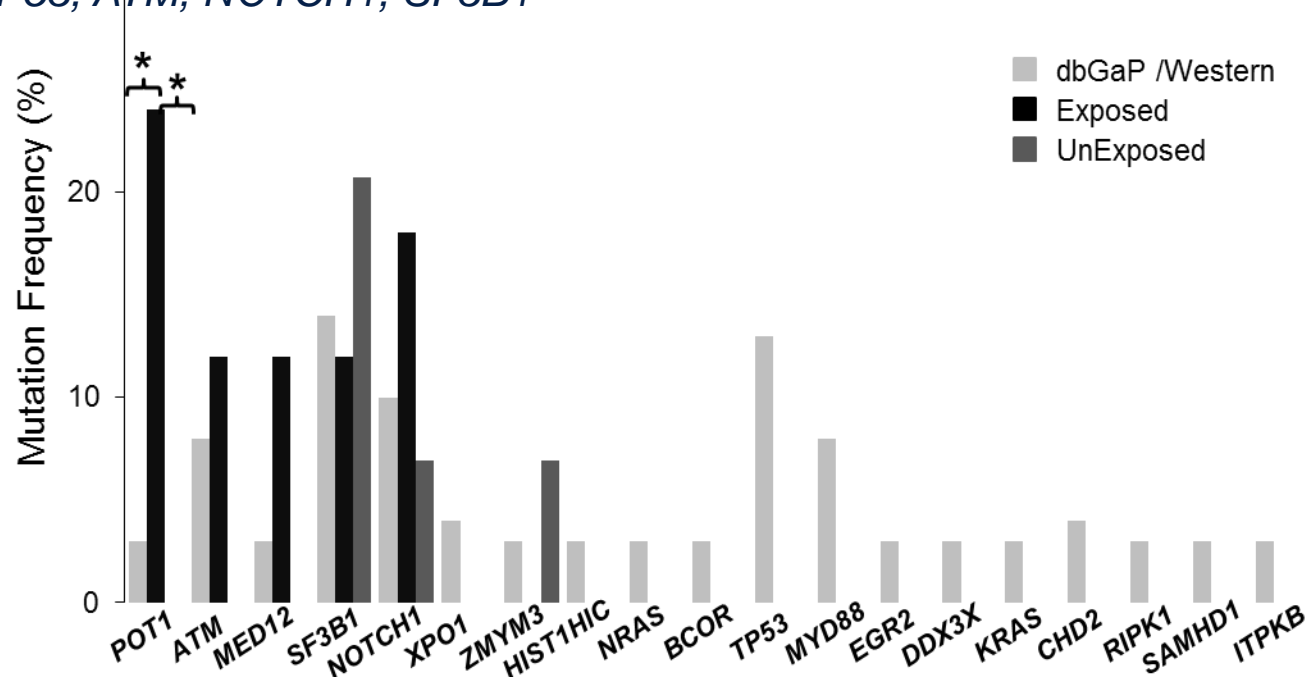
Telomere length (TL)

Estimated using Tel-Seq algorithm

Results

Somatic mutations (mutation prevalence of driver mutations)

- **Total mutations:** Similar in Exposed, Unexposed, and Western cases, ~8, $p > 0.2$
- **Exposed:** **POT1 (21%)**, *NOTCH1* (16%), *RB1* (16%), and *ATM*, *APC*, *MED12*, *SF3B1*, *KMT2C* (2% each).
- **Unexposed:** **SF3B1 (17%)**, *NOTCH1* (10%), *TP53*, *XPO1* and *ZMYM3* (5% each)
- **Western:** **SF3B1 (14%)**, **TP53 (13%)**, *NOTCH1* (10%), *ATM* and *ZMYM3* (7.5% each)
 - **Literature:** *TP53*, *ATM*, *NOTCH1*, *SF3B1*



Results

Copy number alterations (CNAs)

- **Equal** prevalence in Exposed, Unexposed, Western cases

Total number of lesions (mutations & CNAs)

- In Exposed cases was strongly **associated with type of work performed in the Chernobyl zone** ($p=0.013$), number of doctor visits prior to diagnosis, and several time-dependent variables (combined R-square= 0.96). Progressively stronger association of total lesions with radiation dose of **increasing latency periods** ($p=0.11$ for lag=15 years) was observed.

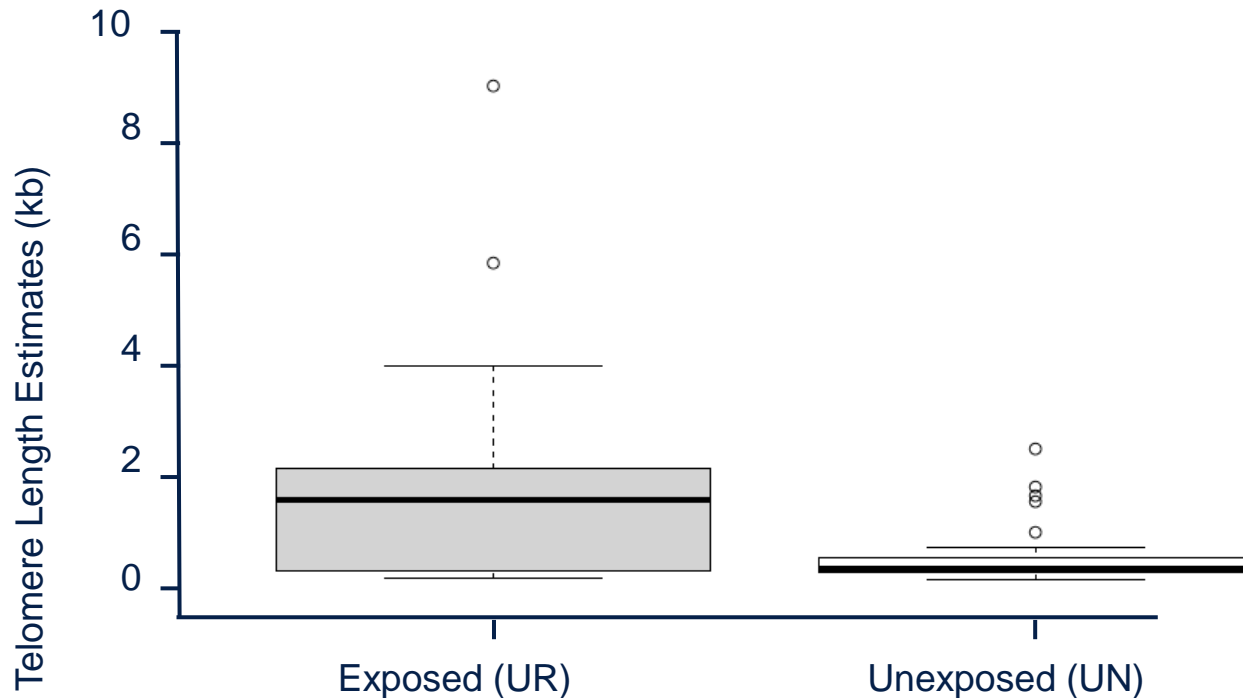
Pathways analysis with recurrently mutated genes

- **No statistically significant clustering of genes** was identified.

Mutation signature

- Due to small mutation load, the signature **could not be extracted** with high confidence.

Telomere length in Ukrainian CLL cases: Chernobyl cleanup workers vs. general population



Summary of findings

Genetic studies

- **Significantly longer** TL in Exposed compared to Unexposed cases (p=0.009, adjusted for age).
- Lifestyle risk factors such as alcohol consumption and smoking, and type of cleanup work performed **associated with differences in TL**.
- POT1 mutation prevalence **increased with increasing TL**
- POT1 mutation was also **associated with poorer patient survival**
- **Similar findings in recent Western CLL studies**

Genetic Variation Associated with Longer Telomere Length Increases Risk of Chronic Lymphocytic Leukemia

Juhi Ojha^{1,2}, Veryan Codd^{3,4}, Christopher P. Nelson^{3,4}, Nilesh J. Samani^{3,4}, on behalf of the ENGAGE Consortium Telomere Group*; Ivan V. Smirnov⁵, Nils R. Madsen¹, Helen M. Hansen¹, Adam J. de Smith², Paige M. Bracci², John K. Wiencke^{1,6}, Margaret R. Wrensch^{1,6}, Joseph L. Wiemels^{1,2,6}, and Kyle M. Walsh^{1,7}

Potential problems with previous studies

- **Under-ascertainment:** Diagnosis of B-cell malignancies is complex; some of the most prevalent subtypes frequently have a benign course. Thus, patients may die from other causes of death.
 - E.g., 38% lower incidence in studies based on death certificates compared to incidence studies (Richardson et al, 2005)
- **Under-reporting:** Lower incidence rates of CLL in the cancer registry compared with the hospitals, particularly among patients diagnosed at older ages and with early stage disease, even in a country with universal health care
 - E.g., 38% higher incidence of CLL in the Central Arkansas Veterans Healthcare System database than that reported to the central tumor registry (Zent et al, 2001)
 - E.g., 12% under-ascertainment of CLL in the population-based cancer registry compared with the hospitals during 1964–2003 in Sweden (Turesson et al, 2007)
- **Mis-identification/competing causes:** Secondary cancers frequently follow CLL incidence
 - E.g., 34% of CLL patient deaths had the second malignancy recorded as the primary cause of death on death certificates (Kyasa et al, 2004)
- **Low incidence in Asian populations:**
 - Low incidence of CLL in the Japanese vs. Western populations (2-3%, Finch et al. 1969, Matsuda et al. 2013 vs. 40%, Dores et al. 2007)

Remaining Knowledge Gaps

1. Are increased CLL risks due to radiation? – **High probability**
 - Somatic mutations of POT1 and TL → **Need further studies**
2. Due to Ukrainian genetics? → **NOT likely, need further studies**
 - Due to interaction and activation of previously dormant pathways? What are these pathways?
3. Due to lifestyle factors? → **NO**
4. Due to active screening? → **NO**
5. Is radiation-related CLL more aggressive or in any way different from the typical CLL? → **Appears to be more aggressive**

Future directions

- Genetic studies
 - Mutations in telomere-related genes may be critical to radiation-associated leukemogenesis
 - The relationship between telomere maintenance, radiation exposure, and CLL prognosis merits further investigation
- Pooled analysis of cleanup workers
 - Modifying effects of time since exposure and age at exposure?
- Studies of cancer and non-cancer diseases in the general population affected by the Chernobyl accident
 - Follow-up through Chernobyl Registries
 - Linkage with the Cancer Registries
 - Estimation of relevant individual-level doses

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