

# Japanese A-bomb Survivor Data and Studies of Low-Dose Effects

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**Why is the A-bomb cohort  
considered a benchmark for  
assessment of radiation risks?**



# RERF A-bomb Related Cohorts

Residents in Hiroshima and Nagasaki  
at Explosions :  $\approx 500,000$

Residents at 1950 National Census  
A-bomb survivors :  $\approx 280,000$

**Life Span Study**  
120,000 (1950-)

**Adult Health Study**  
17,000 (1958-)

**In Utero Exposed**  
3,600

**In Utero Clinical**  
1,600 (1978-)

**F1:  
Offspring of Survivors**  
77,000

**F1 Clinical**  
12,000 (2002-)

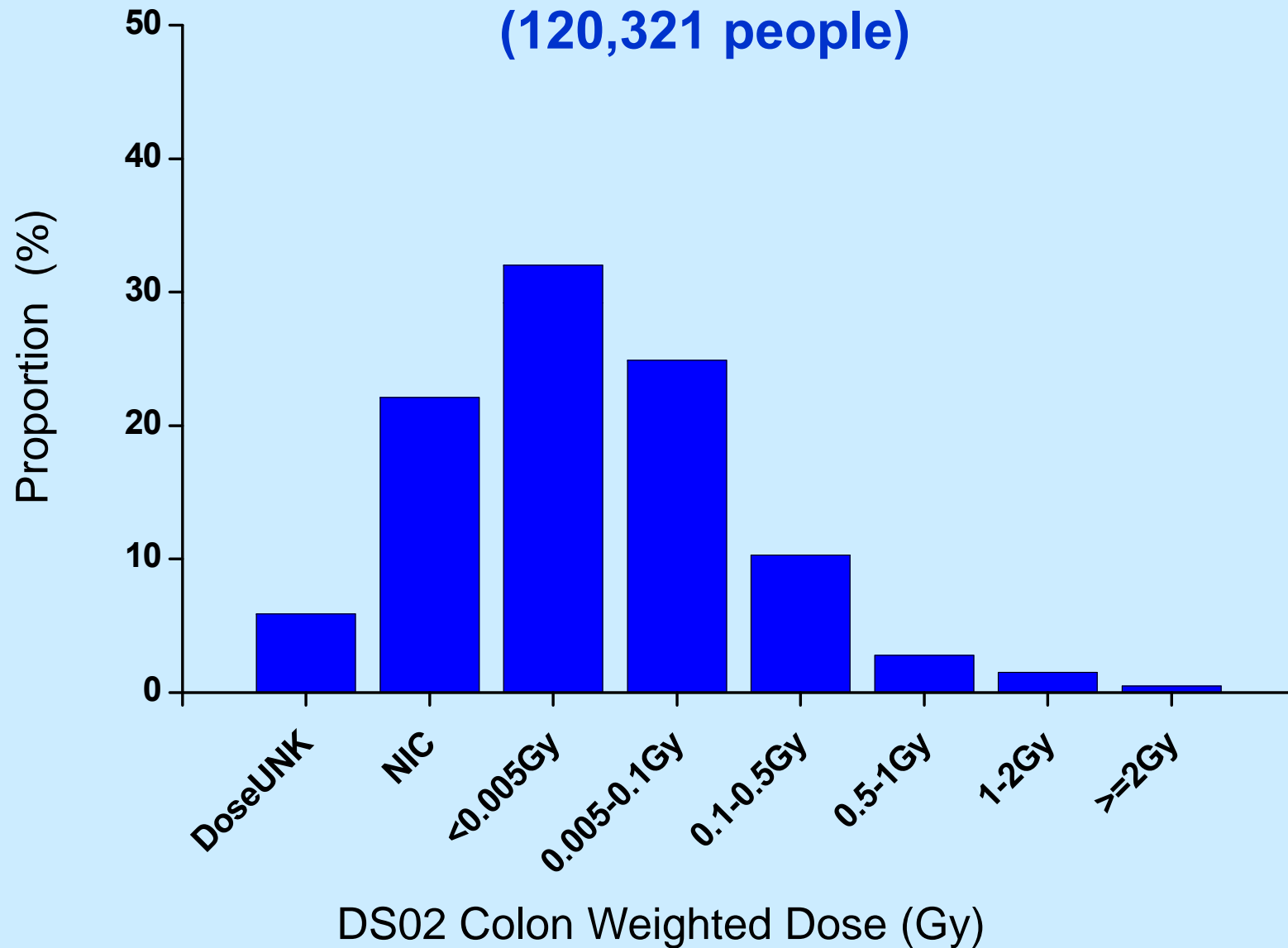


# A-bomb Studies as a Benchmark for Radiation Risk Assessment

## Characteristics of the radiation-exposed cohort:

- ❖ Large, prospective cohort (~120,000) consisting of all ages at exposure and both sexes
- ❖ Wide range of radiation exposure with relatively accurate estimated dosimetry
- ❖ Cohort is unselected with respect to medical conditions, occupational fitness, etc.
- ❖ High rates of follow-up and disease ascertainment for ~60 years
- ❖ Information on potential confounding risk factors
- ❖ Adult Health Study – biennial clinical examinations and biospecimen collection for a subset of about 17,000 – study correlates and mechanisms of radiation-related disease through biomarkers, etc.

# Life Span Study (LSS) Cohort (120,321 people)

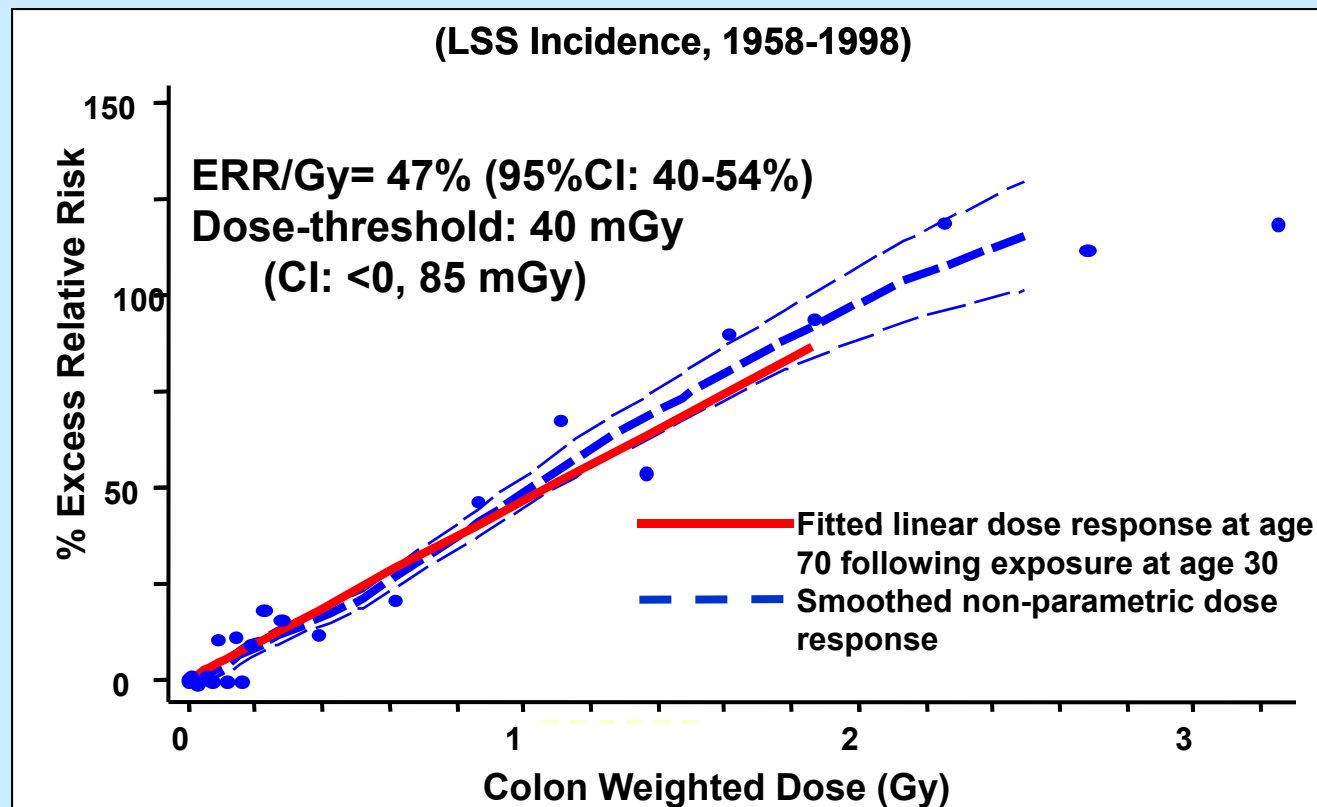


**Are the excess risks of cancer at low doses proportional to those at high doses? – i.e.,**

**Is there dose-response linearity,  
less-than or more-than linear risk at low doses,  
or a dose threshold?**

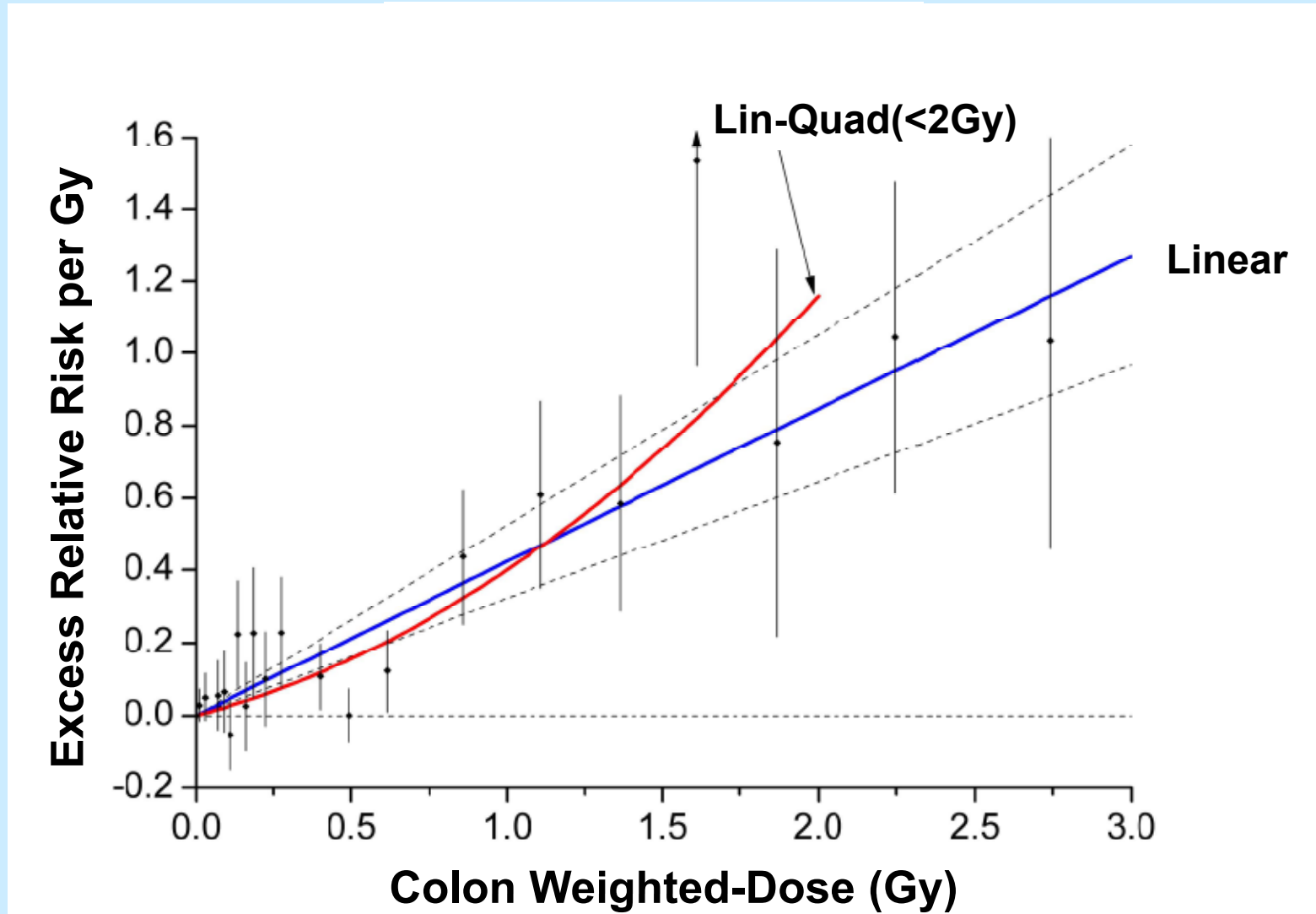
# LSS dose response: Solid-cancer incidence

- No evidence of non-linearity in the dose response
- Significant dose response on 0-150 mGy
- Low dose-range slope consistent with full range



(Preston D et al: Radiat Res 168:1-64, 2007)

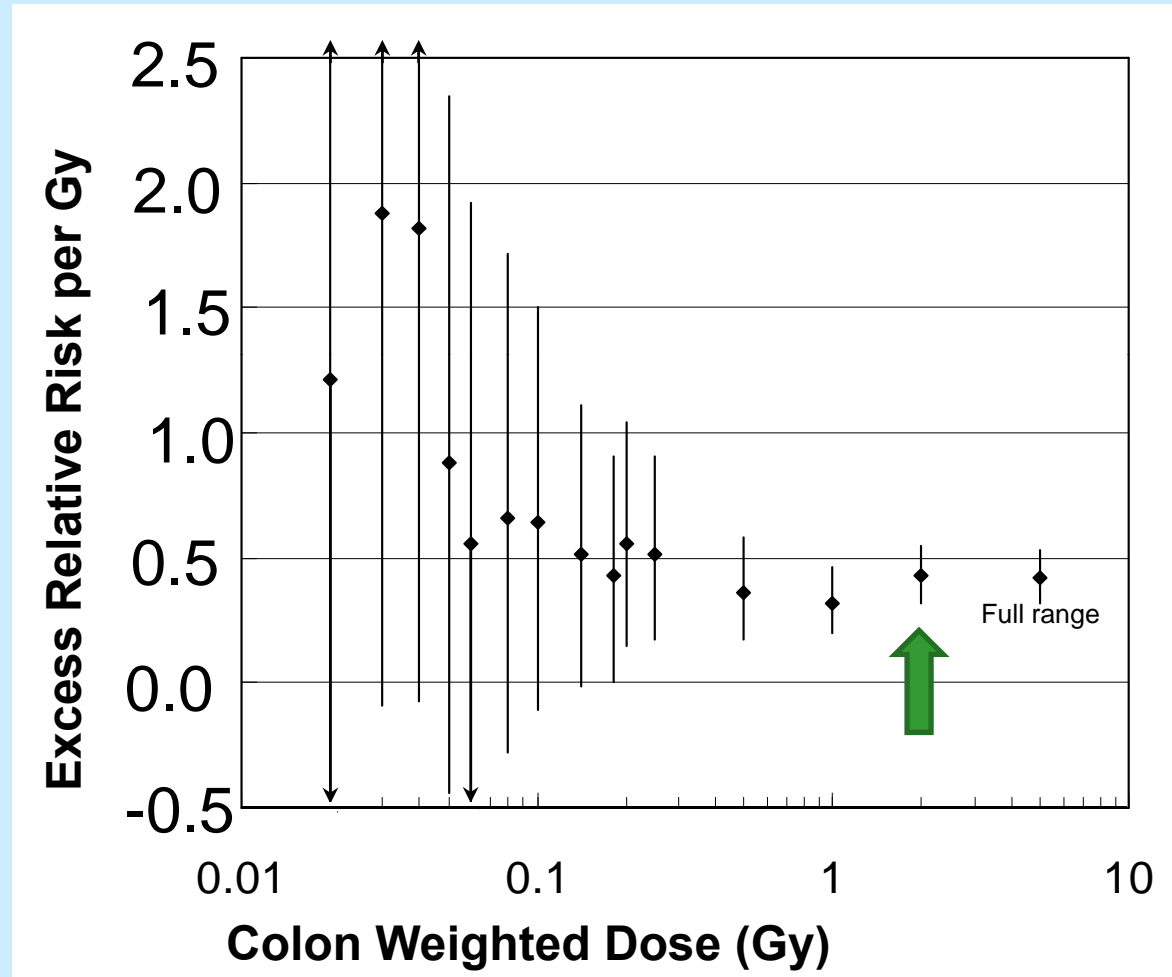
# LSS Dose-Response for Solid Cancer Mortality, 1950-2003



(Ozasa, Shimizu, et al, Unpublished, 2010)

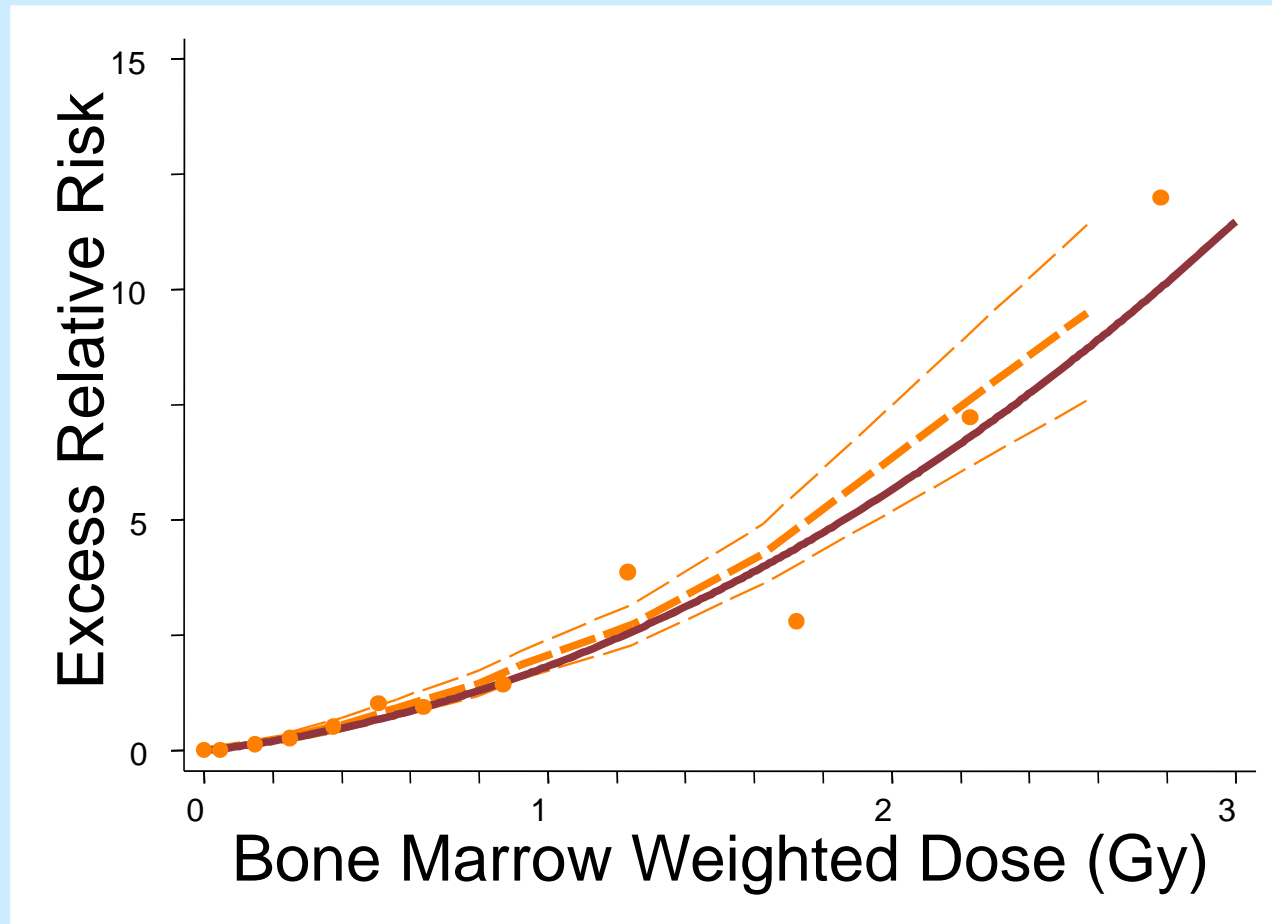


# LSS Mortality Estimates of Relative Risk at 1 Gy for Various Dose Ranges (0 to Plotted Dose)



(Ozasa et al, Unpublished, 2010)

# LSS Leukemia Dose Response



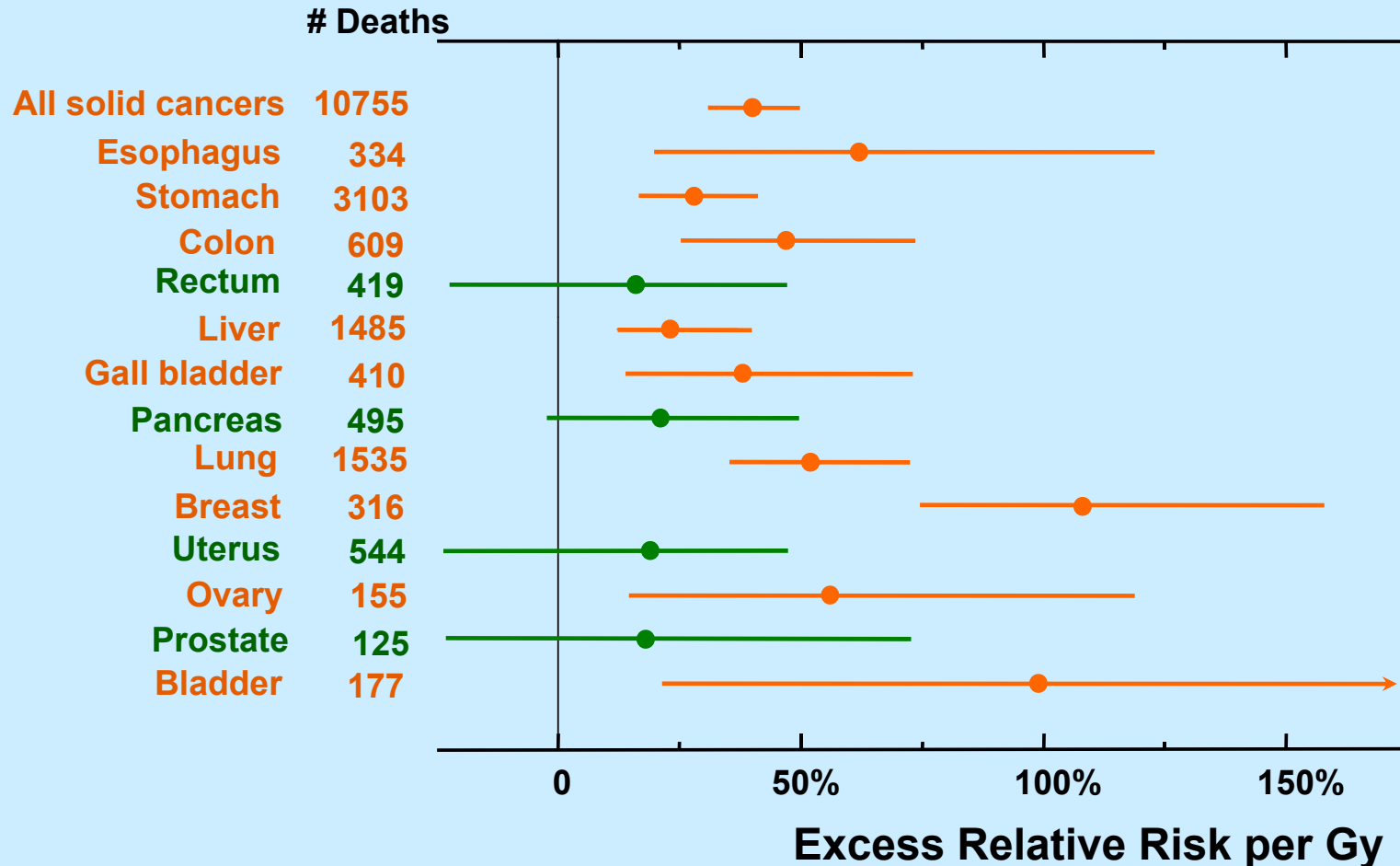
**Linear-quadratic fits better than Linear model.**

**Dose-threshold estimate: 80 mGy (95% CI: 30, 190 mGy)**

(Hsu et al, Unpublished, 2010)

**Which organs are at risk of radiation-related cancer?**

# Excess Relative Risk (ERR) per Gy for Various Solid Cancers (LSS Mortality, 1950-2003)

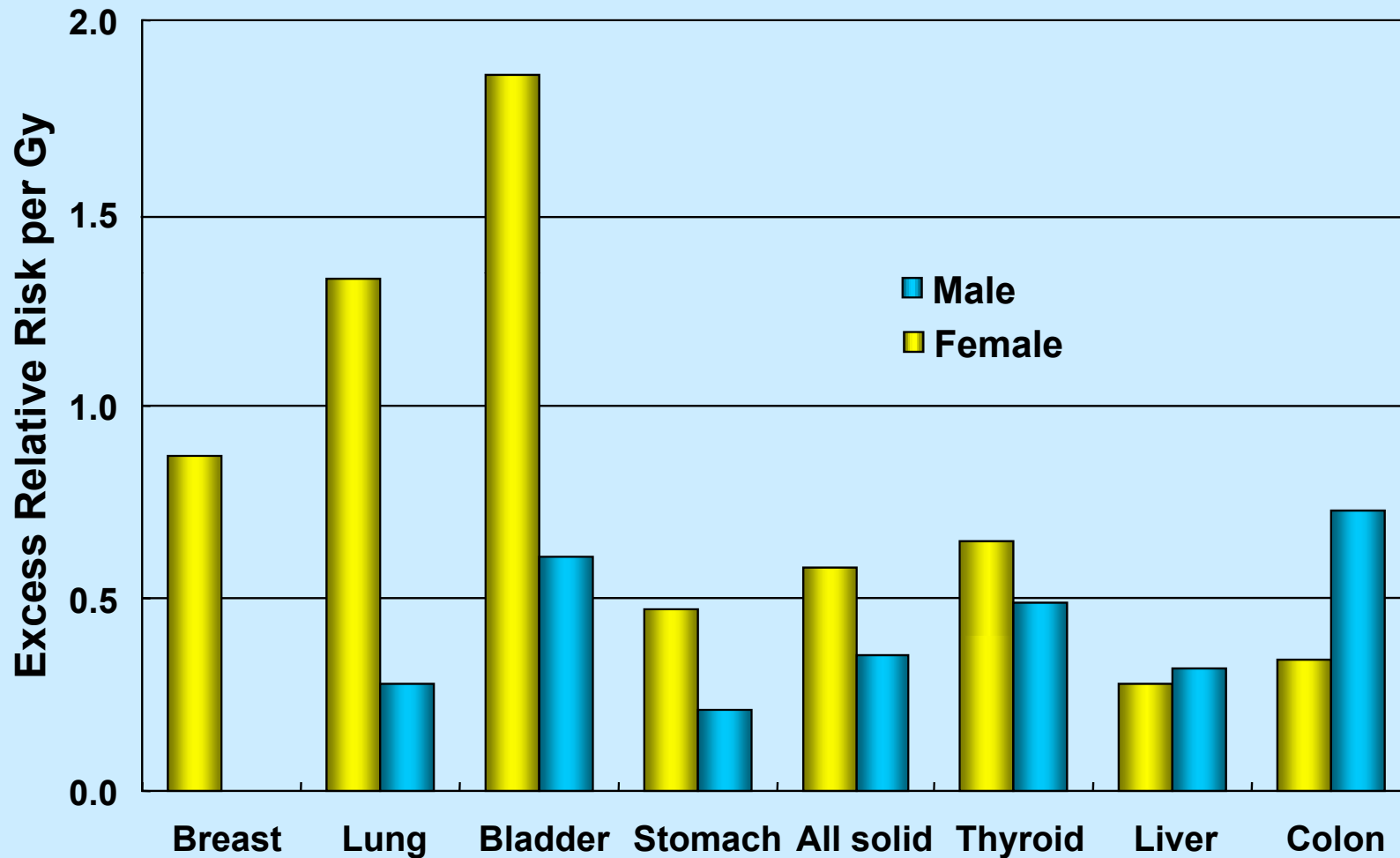


Note; Estimates standardized to age 70 after exposure at age 30 and averaged, where appropriate, over sex.

(Ozasa, Shimizu et al, Unpublished, 2010)

**Do certain subgroups have greater risk of cancer from radiation exposure?**

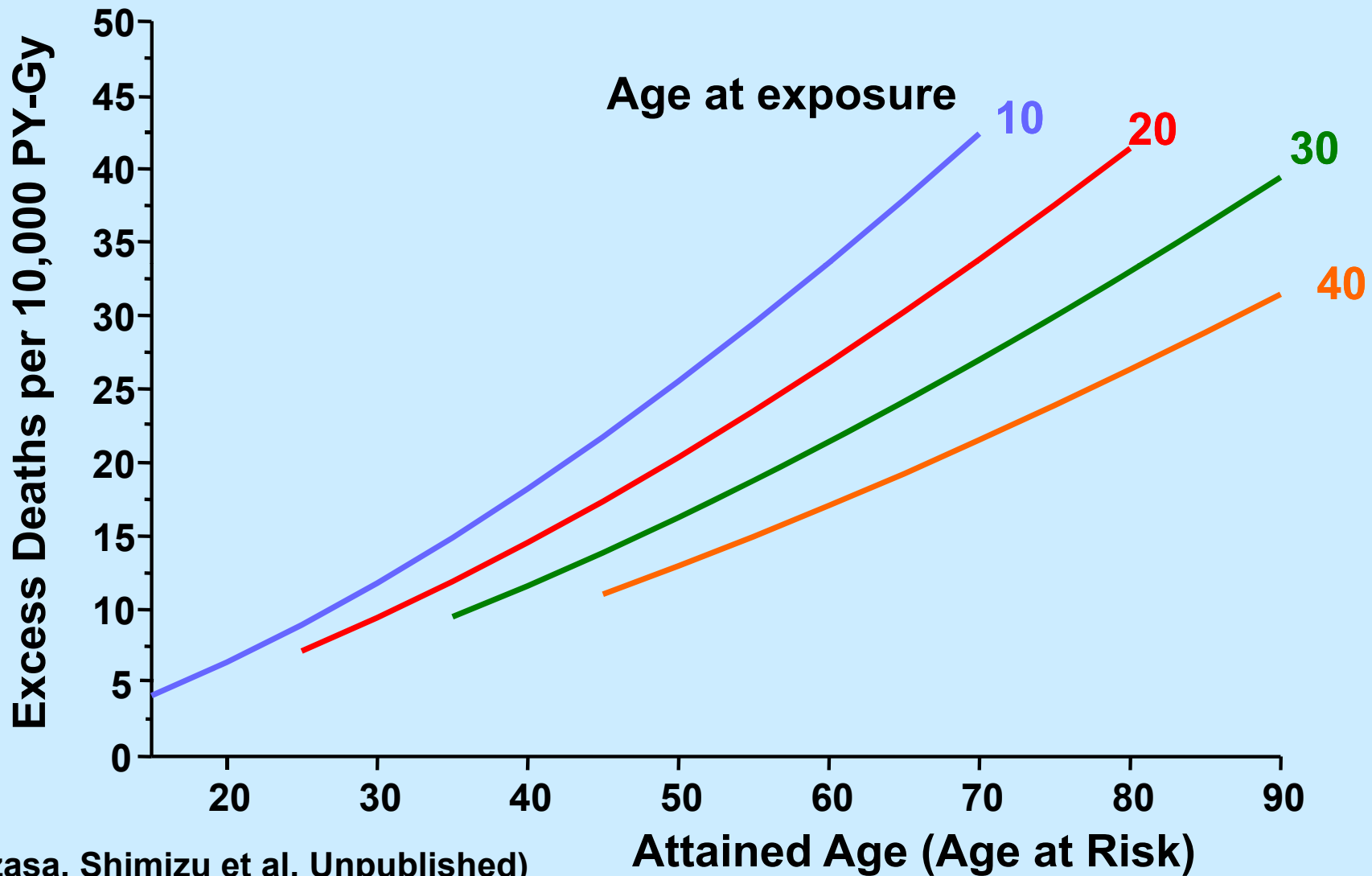
# LSS Cancer Incidence: Site-specific Excess Relative Risk (ERR) Estimates by Gender



Preston et al, *Radiat Res*, 2007; 168:1-64



# Excess Rates of Solid Cancer Mortality by Age at Exposure and Attained Age



(Ozasa, Shimizu et al, Unpublished)

**How great is the cancer risk  
following *in utero* exposure?**

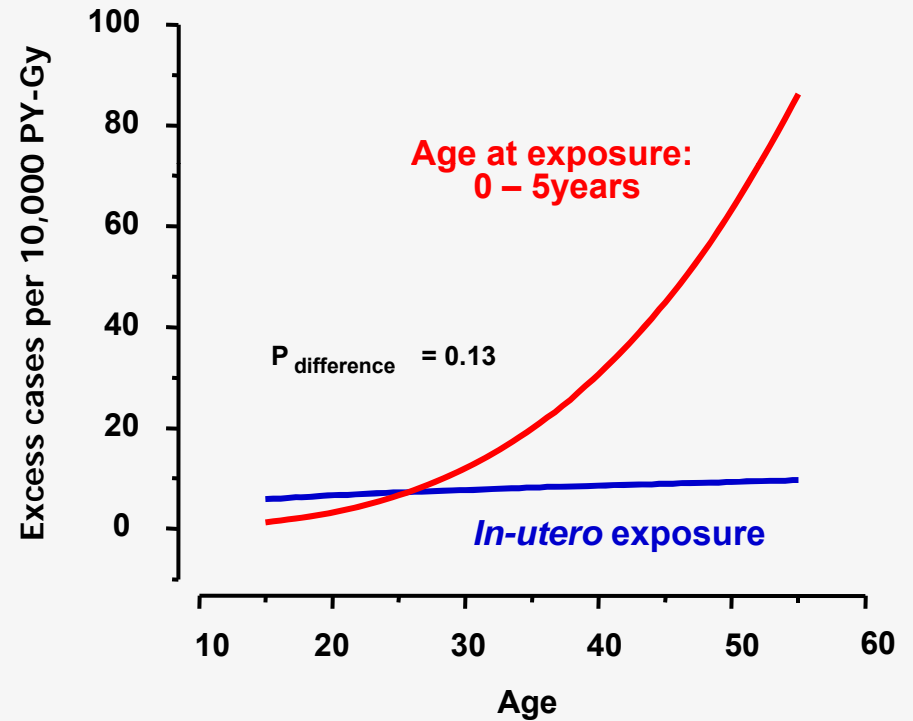
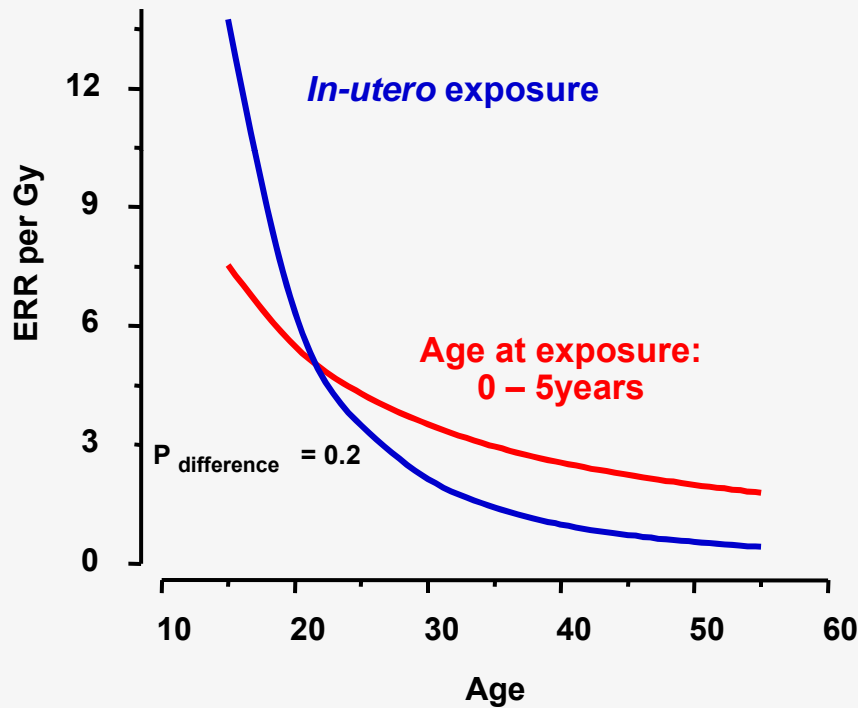


## Very large risks from *in utero* exposure have been predicted

- ❖ Based mostly on the large Stewart-Kneale case-control study of fetal radiation exposure and childhood cancer, it was predicted that **an additional 6% of persons would die from cancer after 1 Gy of *in utero* radiation.**  
(Doll & Wakeford, *Br J Radiol*, 70:130-39, 1997)
- ❖ **6% lifetime cancer mortality risk per Gy is:**
  - ❖ ~3 times as large as the corresponding estimated A-bomb risk after exposure at age 10, or
  - ❖ ~6 times as large as estimated risk after exposure at age 30. (Preston et al, *Radiat Res*, 160:381-407, 2003)



# Solid Cancer Risk Patterns for *In Utero* and Childhood Exposure, A-bomb Survivors



**In utero ERR/Gy= 1.0 (95%CI: 0.2, 2.3)**

(Preston et al, *J Natl Cancer Inst*, 2008; 100:428-36)

# Leukemia after *In Utero* or Childhood A-bomb Exposure

## Childhood exposure, ages 0-5

- ❖ 39 cases, 22 with estimated bone marrow doses >500 mGy
- ❖ Steep dose response (ERR/Gy = 15, 95%CI: 6, 36)

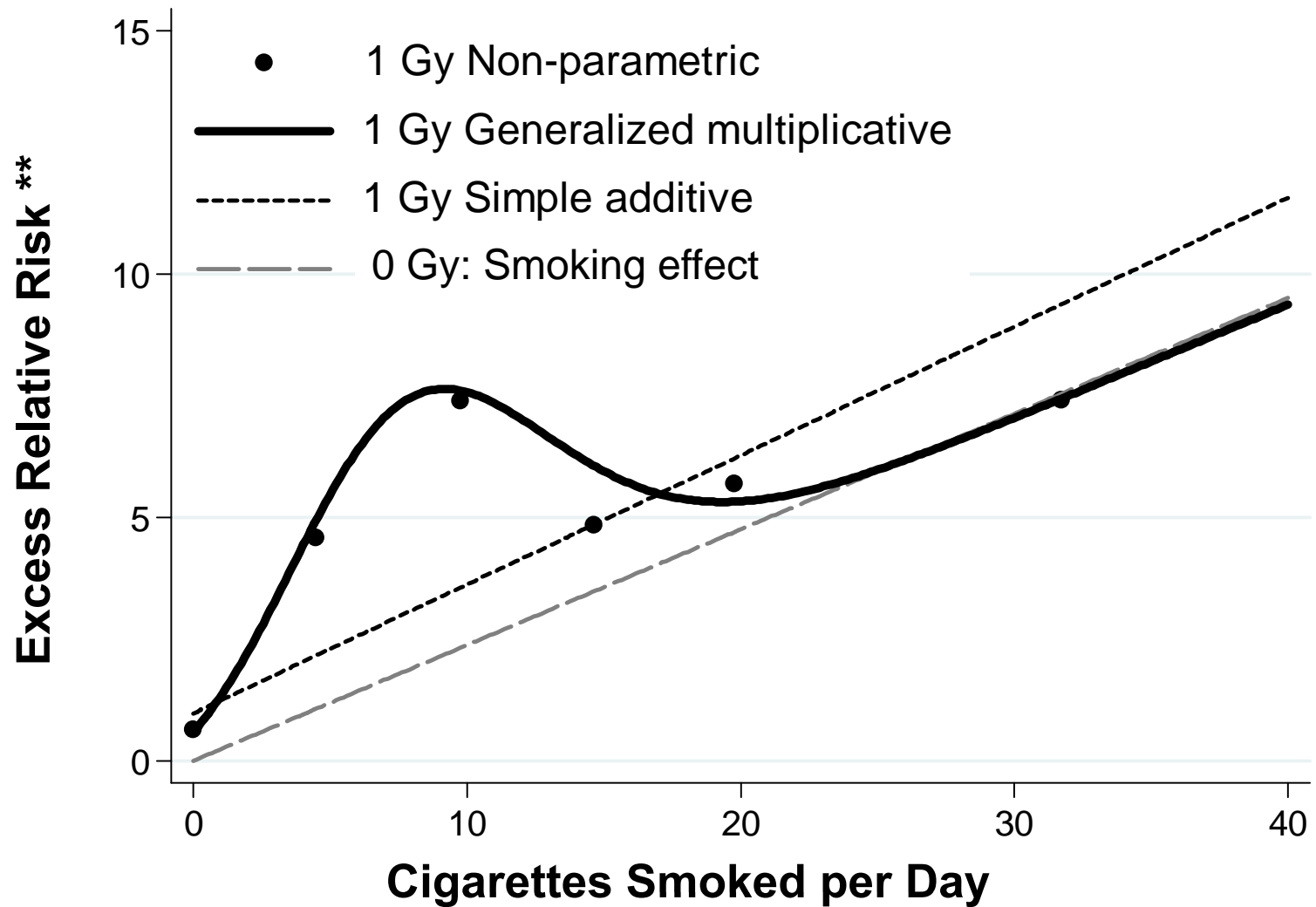
## *In Utero* Exposure

- ❖ 4 cases, all with estimated bone marrow doses <40 mGy
- ❖ No dose response (ERR/Gy = 0, 95%CI: <0, 7)

(Kasagi, Ozasa, et al, Unpublished, 2010)

**Is the magnitude of radiation risk  
altered by other environmental  
exposures?**

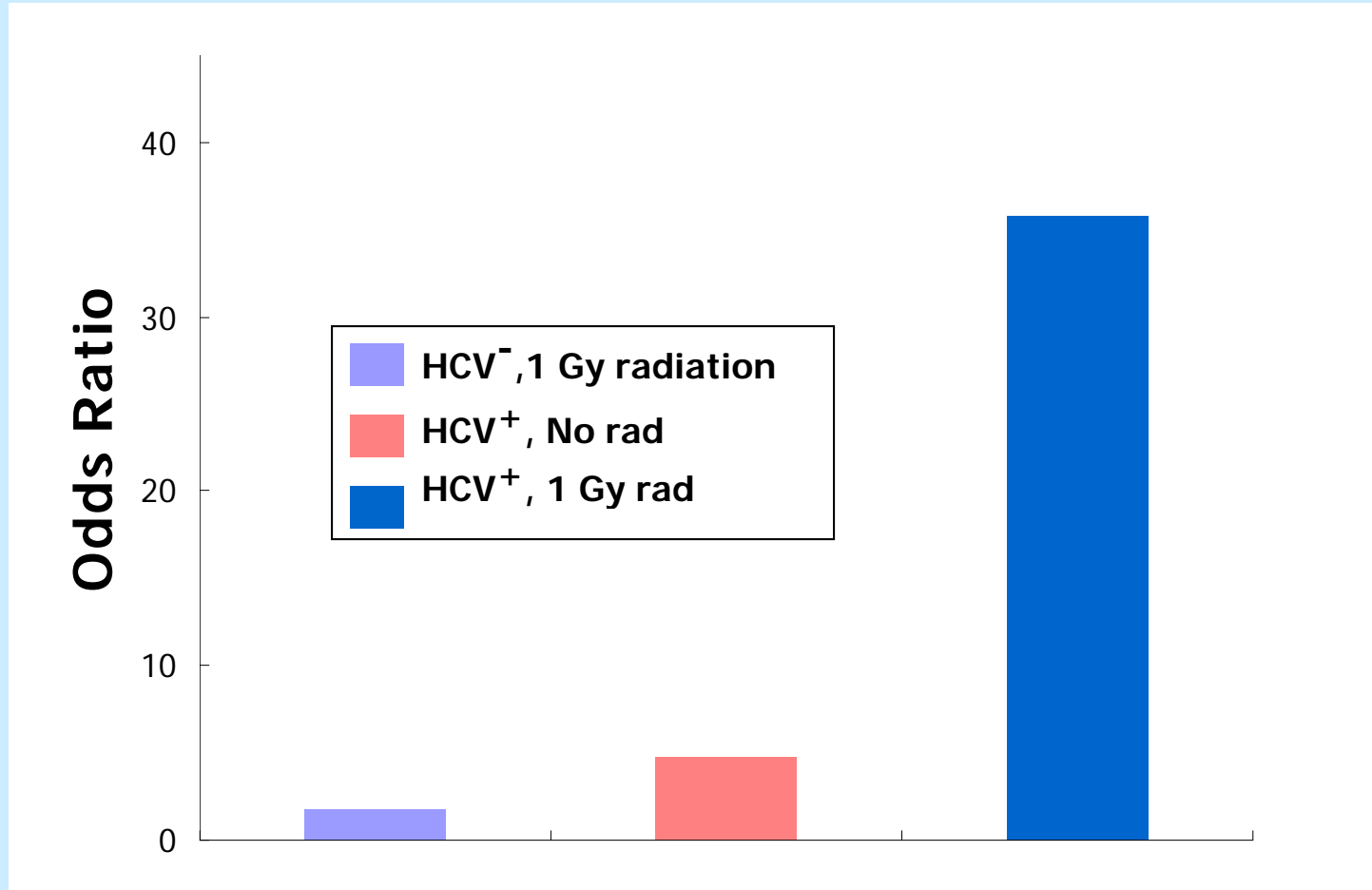
# Models of Lung Cancer Risk: Radiation Dose and Smoking



\*\* Gender-averaged excess risk relative to unexposed never-smokers

(Adapted from: Furukawa et al, *Radiat Res*, 174:72-82, 2010)

# Liver Cancer Risk from Hepatitis C Virus (HCV) and Radiation

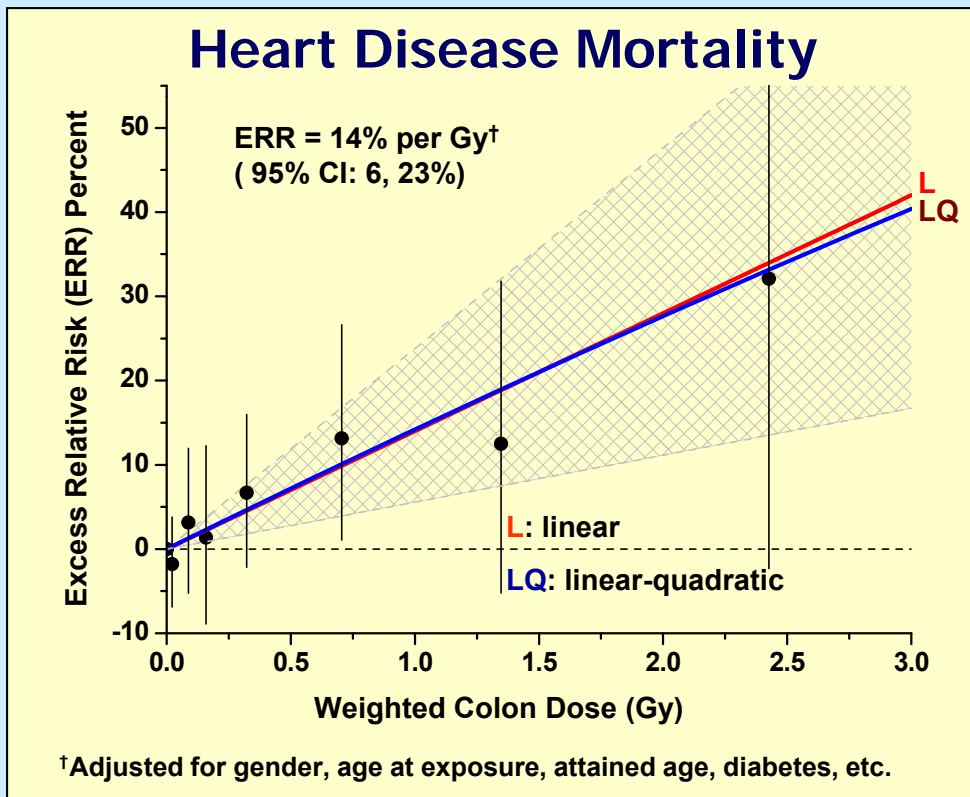


(Sharp et al, *Int J Cancer*, 103:531-37, 2003)

**Are there noncancer risks from  
radiation exposure at low doses?**

# Radiation and Heart Disease Mortality

- **Clear evidence of heart disease risk at doses below 4-5 Gy**
- **Dose-response for heart disease mortality appears linear, but there is considerable uncertainty below about 0.5 Gy.**



(Shimizu et al, *Br Med J*, 340:193, 2010)

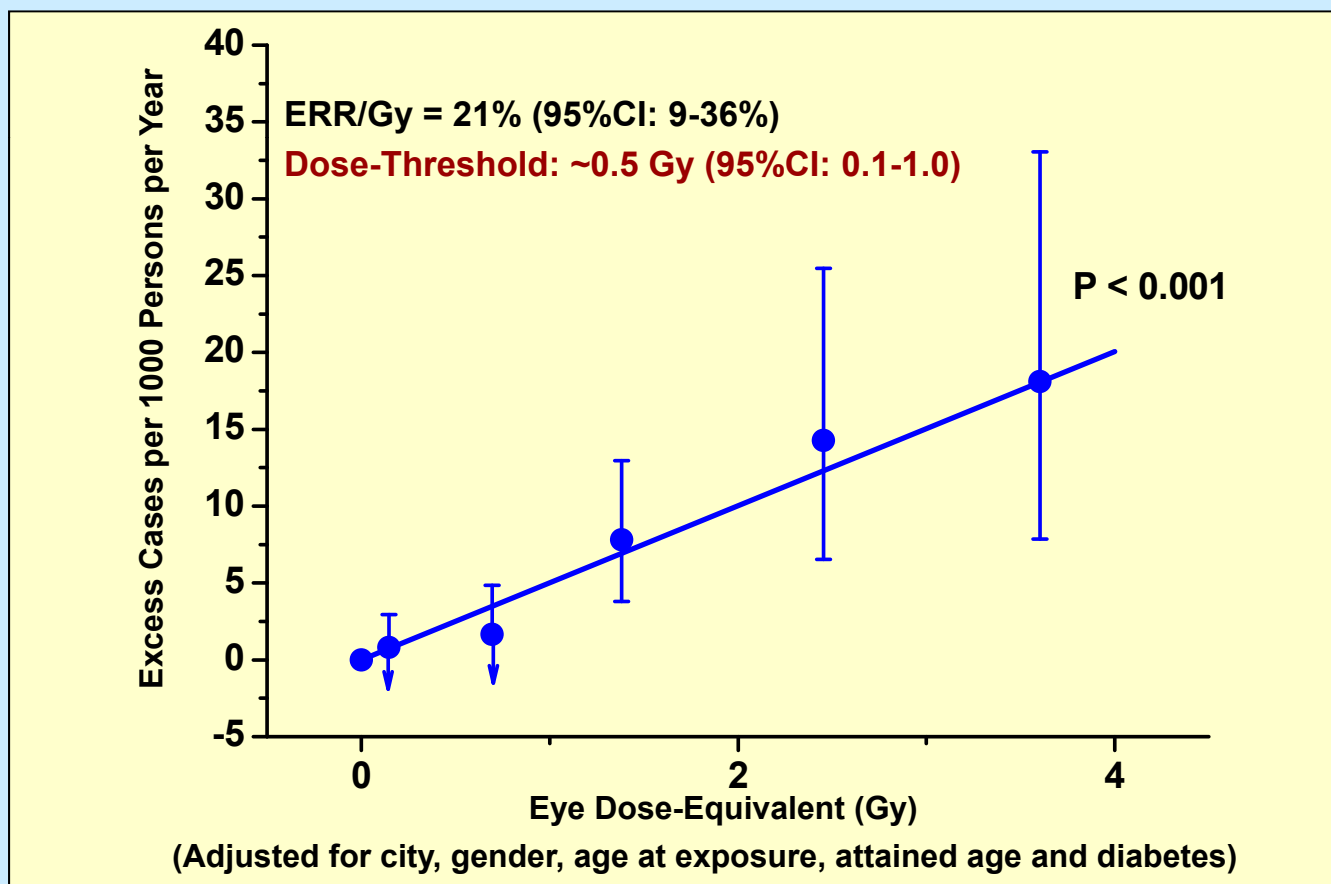
## Corroborative Clinical Evidence for Radiation Effects

- **↑ Circulatory system inflammation – numerous markers of inflammation are ↑**
- **Blood lipids – ↑ total cholesterol, triglycerides; ↓ HDL cholesterol**
- **Cardiovascular risk factors – ↑ blood pressure and calcification of arteries**



# Cataract-Surgery Incidence, 1986-2005

- Radiation protection agencies had long believed there was no risk for vision-impairing cataracts below about **5 Gy** and set safety standards accordingly. More protective safety standards for the eye are now being considered.

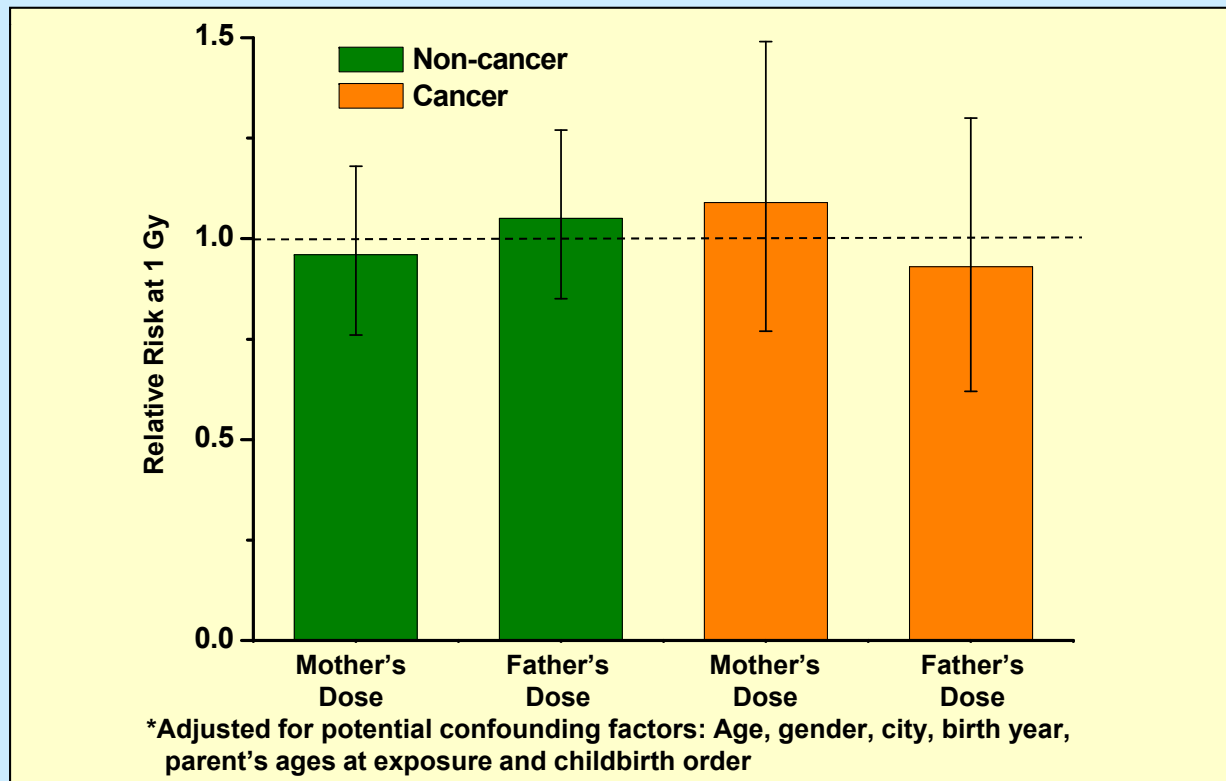


(Nakashima, Neriishi et al, Unpublished, 2010)

**How large is the risk to offspring  
from parental gonadal irradiation?**

# Relative Risk for Non-cancer and Cancer Mortality in 41,000 Offspring of Atomic Bomb Survivors, 1946-2003

- To date, the frequencies of cancer and other diseases in the offspring are unrelated to parental radiation dose, but 20-30 more years of follow-up are needed to provide definitive evidence.



(Suyama, et al, Unpublished, 2009)



*Thank You*